PATIENT NAME:		DOB: GENDER: Female Male
		ARE YOU WORKING NOW? Yes No
1.	Where is your pain/problem?	
2.	What caused your pain/problem?	
3.	Approximately when did it start?	
4.	List ONE ACTIVITY you are unable to do, that you absolutely want to be able to do again:	
5.	Have you ever had this same (or similar) pain/problem before?	☐ Yes (If yes, when and describe?) ☐ No
6.	In your understanding, what do you think will make it better?	
7.	How optimistic are you that you'll get better? (circle one)	Not at allMildly optimisticFairlyVery optimisticExtremely
8.	What are some potential obstacles to you getting better?	
9.	Over the next 30-days, how many hours per week will you commit to getting better?	
10.	What are you expecting from therapy?	
11.	On the scale, circle your worst pain level in the past couple of days:	Mild Moderate Severe 0 1 2 3 4 5 6 7 8 9 10
12.	List any medications you are taking:	
13.	List all past surgeries with dates:	
14.	List all medical conditions you have (or were told you have):	
	1	Total:
nswe	red the questions above honestly and accurately to	ram will be dependent upon my ability and willingness to improve. I have to the best of my ability. The doctor/therapist will determine in program and that my approval into their program is not guaranteed.